

Participation waiver:

(All participation waivers must be completed and submitted before you may participate in Omega activities)

I understand that the activities I am going to take part in are of an adventurous nature and contain inherent risks. I agree that I am willing to participate as fully as possible.

I confirm that I have provided all relevant medical information so that Omega staff are informed of any allergies/injuries/conditions/needs that I have and that I will provide my own medication where require.

I understand that while Omega outdoor adventure have the appropriate procedures in place to reduce risks as much as possible, adventurous activities have an inherent risk and Omega cannot accept responsibility for any illness (including but not limited to COVID-19), injury or death incurred whilst taking part in activities, accept in the case of negligence.

I give permission for myself to receive first aid from any/all of the Omega qualified first aiders and I understand that I am responsible for any follow up treatment from the GP and/or hospital that may be required.

I understand that the Omega team will do all that is possible to ensure participants belongings are safe however, ultimately I am responsible for my belongings and Omega cannot accept responsibility for any loss.

I understand that I must follow the instructions given by the Omega staff and that if I or a member of my group do not, we may be removed from activities and/or asked to leave site.

In the case of damage, loss or theft of Omega equipment I understand that I will be liable for cost to repair or replace the equipment.

Photo Consent:

We would be grateful if you would give us permission to take photos of you and use these in our printed and online publicity. You can opt out of photos at the time of booking.

I give Omega outdoor adventure Ltd permission to take photographs and / or video of me. I grant Omega outdoor adventure Ltd full rights to use the images resulting from the photography/video filming, and any reproductions or adaptations of the images for

fundraising, publicity or other purposes to help achieve the group's aims. This might include (but is not limited to), the right to use them in their printed and online publicity, social media, press releases and funding applications.

Cancellation policy:

Bookings are non-refundable. If you would like to change the date you have booked please contact us with as much notice as possible and we will be happy to help. Date changes can only be offered where there is availability and at least 48 hours notice is given by email.